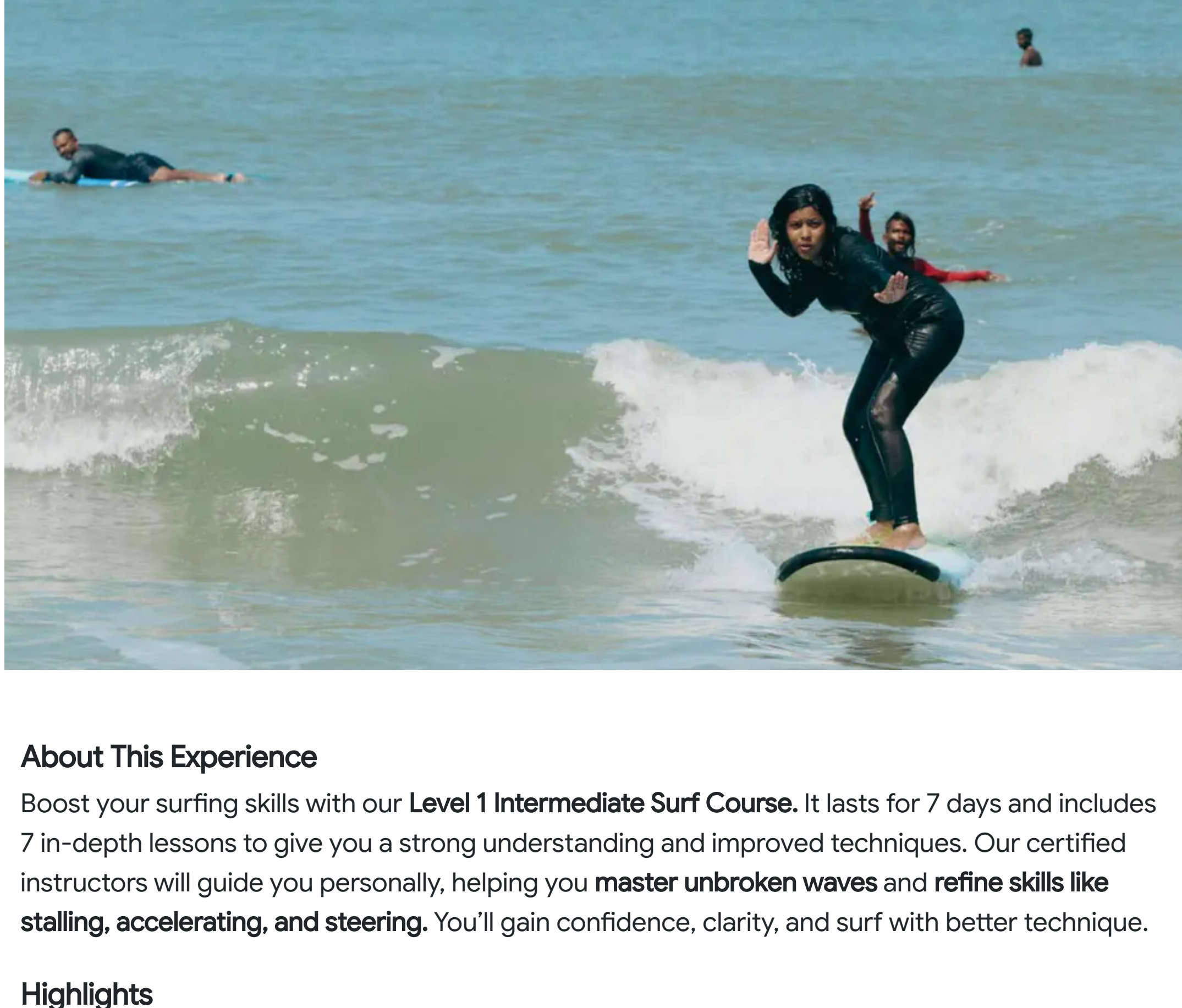




7 Day Intermediate Surfing Course



About This Experience

Boost your surfing skills with our **Level 1 Intermediate Surf Course**. It lasts for 7 days and includes 7 in-depth lessons to give you a strong understanding and improved techniques. Our certified instructors will guide you personally, helping you **master unbroken waves** and **refine skills like stalling, accelerating, and steering**. You'll gain confidence, clarity, and surf with better technique.

Highlights

Discover the Next Level of Surfing Mastery at India's Premier Surf School in Mulki, Mangalore!

Welcome to a world of surfing fun at India's First Surf School in Mulki, Mangalore. Our intermediate surf courses help you improve your skills and have a great time. Whether you want to get better at riding waves, master unbroken waves, or control your board, we have courses for different skill levels and lengths. With beautiful Mulki as the backdrop, experienced ISA-certified instructors, and a focus on safety, you can start your journey to becoming a confident surfer here.



Duration : 7 Days



Location :

Mantra Surf Club

Tap To Get Directions

INCLUSIONS AND EXCLUSIONS

INCLUSIONS

Everything you need for an incredible experience is taken care of. Here's what you get:

- **Equipment rental.** No need to bring anything—just show up.
- **Surf lessons.** Learn from **ISA-certified instructors** who know their stuff.
- **Life jackets.** Can't swim? Don't worry. We've got you.
- **Boat ride.** Explore a remote beach for that perfect wave.
- **Showers.** Freshen up after you're done.

EXCLUSIONS

- **Accommodation is not included** in the above price. Please check out our accommodation options over here - <https://surfingindia.net/ashram-surf-retreat/>

- Surf photos
- Meals
- Any additional activities

These can be arranged separately if needed. Let us know, and we'll be happy to assist!

BOOK NOW

Pricing

7 Day Intermediate Surfing Course

₹ 16500 /- PerPerson

Variable Prices

7 Day Intermediate Surfing Course

₹ 16500 /- PerPerson

Add On Prices

Surf Photos

₹ 1500 /- PerPerson

Book Now

HOW TO REACH

How to Reach Mantra Surf Club, Mulki

By Road

- **From Mangalore:** Drive north on NH66 for about 30 km (approximately 40 minutes).
- **From Udupi:** Drive south on NH66 for about 25 km (approximately 30 minutes).

Tip: You can easily find the club on Google Maps by searching "Mantra Surf Club, Mulki."

By Train

- **Nearest Railway Station:** Mulki Railway Station (MULK), about 4 km from the club. Get off at Mulki and take an auto to the club.
- **Alternative:** Mangalore Central (MAQ), around 30 km away. You can take a local bus or taxi to Mulki.

By Bus

- **From Mangalore/Udupi:** Board a bus heading on NH66 in the direction of Mulki. Get off at Mulki and take an auto to the club.
- **From Bangalore:** Daily overnight buses are available to Mulki, making it a convenient option for out-of-town travelers. Get off at Mulki and take an auto to the club.

By Air

- **Nearest Airport:** Mangalore International Airport (IXE), about 25 km from Mulki.
- **Airport Pickup/Drop:** We can arrange airport pickup or drop-off at an additional cost of 1200 INR, making it a hassle-free option.

Tap To Go To Google Maps

THINGS TO CARRY

1. **Boardshorts** : Lightweight, quick-dry shorts for comfort while surfing. (Available at ThunderMonkey store)
 2. **Rashguard** : Protects your skin from sun and rashes caused by the surfboard. (Available at ThunderMonkey store)
 3. **Waterproof Zinc Sunscreen** : Essential for protecting your skin from UV rays while in the water. (Available at ThunderMonkey store)
 4. **Water Bottle** : Stay hydrated throughout your surf sessions. (Available at ThunderMonkey store)
 5. **Sunglasses** : Protect your eyes from glare and UV rays.
 6. **Contact Lenses / Powered Swimming Goggles**: Necessary if you need sight correction while surfing.
 7. **Energy Food**: Bring dates, dried fruits, or energy bars to keep your energy up.
 8. **Leggings** : Helps protect your legs from tanning and rashes.
 9. **Basic Toiletries** : Include items like toothbrush, toothpaste, and moisturisers for personal care.
 10. **Water Shoes or Strap-On Sandals** - For grip and foot protection.
 11. **Small Waterproof Bag** - For personal items you want to keep dry.
- For premium quality surf clothing, check out our in-house brand, ThunderMonkey, featuring rashguards, boardshorts, surf tees, and more!

ADDITIONAL INFORMATION

Explore the Enchanting Location

Nestled in the captivating beauty of Mulki, Mangalore on Karnataka's pristine coastline, our surf school awaits your embarkation on a remarkable surfing journey. With picturesque beaches and perfect waves, Mulki offers an idyllic setting to start your surfing adventure.

Elevate Your Skills with Intermediate Surf Courses

Our intermediate surf courses are for people of all skill levels, including complete beginners. Whether you're trying surfing for the first time or want to get better, our courses are for everyone. We have a clear plan and expert help, so even if you've never surfed before, you can start learning and changing. Each course is carefully designed to give you a strong start and progress at your own speed, so new surfers feel confident and excited to begin their surfing journey.

FAQs

Frequently Asked Questions – Mantra Surf Club !!

1. What's the best time to surf?

Anytime is a great time to surf here! We're open all year round, but the best waves are usually from September to April. The monsoon season (June to August) also offers some exciting surfing for experienced riders.

2. Do I need to be a strong swimmer?

Not at all! We welcome all skill levels, even if you're not confident in the water. Our expert instructors will guide you step-by-step, ensuring your safety and comfort.

3. What should I bring?

Just bring your excitement! We'll provide everything else — surfboards, rash guards, and even sunscreen. We recommend bringing swimwear, a towel, and a change of clothes.

4. Can beginners join?

Absolutely! We love introducing newcomers to the joy of surfing. Our lessons are tailored for all levels, especially beginners.

5. How do I get to Mantra Surf Club?

We're located in the beautiful town of Mulki, Karnataka. If you're flying in, we can arrange a convenient airport pickup for you from Mangalore Airport (just let us know in advance!).

6. Are accommodations available?

Yes, we offer cosy accommodations at the surf club, so you can relax after a day of catching waves. Enjoy delicious meals, refreshing drinks, and plenty of good vibes.

7. Is there more than just surfing?

Definitely! We offer a range of water activities like stand-up paddling (SUP) and kayaking. Plus, you can explore the serene backwaters or take a peaceful walk along the beach.

8. What's the booking process?

Booking is easy! Just use our website or hit us up on WhatsApp. We recommend booking in advance, especially during peak season, to secure your spot.

9. Do you offer group or private lessons?

Yes, we cater to both! Whether you're looking for a private one-on-one session or a fun group lesson with friends or family, we've got you covered.

10. What's the vibe like?

We're all about positive energy, community, and fun! Expect lots of laughter, support, and an unforgettable experience both in and out of the water.

We're here to make your surfing adventure as smooth as the waves we ride. If you have any other questions, don't hesitate to reach out! ☺☺☺☺

TERMS AND CONDITIONS

Terms and Conditions for Surfing Sessions

We aim to give you the best possible experience on the water! Please keep the following in mind:

1. Bookings & Payments:

- Full payment confirms your spot. Prices cover all surfing gear and instructor guidance.

2. Rescheduling & No-Cancellation Policy:

- Once booked, you can reschedule your session to any future date (subject to availability) or transfer it to someone else.
- We have a strict no-cancellation policy. Please book only if sure about your plans.
- Rescheduling is free unless it involves special dates (e.g., Christmas, Diwali, New Year), which are non-refundable.

3. Weather & Ocean Conditions:

- Surf sessions depend on nature's mood. If high winds, rain, or changing tides affect safety, our instructors may adjust timings to ensure the best experience.

4. Tide & Group Dynamics:

- We plan sessions around optimal tides and match groups by skill level. Adjustments may occur to enhance safety and enjoyment.

5. Instructor Availability:

- To ensure personalised attention, timing may shift during busy periods.
- We'll inform you of any timing changes via phone or email as early as possible.

7. Arrival & Preparation:

- Arrive at least 15 minutes before your session to check in and get ready for a smooth start.

8. Fitness Requirements:

- Be prepared to carry a 15 kg surfboard over a 300-metre walk to the surf point. A basic level of fitness, flexibility, and ocean comfort is required.

9. Safety First:

- Please follow all safety instructions from our experienced guides. We prioritise your safety above all else.

We're excited to see you ride the waves with us! For any questions, reach out to us!

CANCELLATION POLICY

We take a minimal payment to confirm your booking, with the remaining balance to be paid upon check-in. Our goal is to make your experience smooth and enjoyable while ensuring that we can deliver the best for all our guests.

Rescheduling Policy

We get it—life happens! If your plans change, you can reschedule your session to any future date free of charge (subject to availability).

Cancellation Policy

While we don't offer refunds for cancellations (as your slot is reserved in advance), we're here to help you make the most of your booking:

- *If you can't attend, you're welcome to transfer your booking to a friend or family member.*
- *Let us know at least 48 hours in advance, and we'll handle the transfer seamlessly!*

Special Date Policy

Bookings for special dates (Long weekends, Christmas, Diwali, and New Year) are final and cannot be rescheduled, transferred, or refunded. These dates are meticulously planned to provide an exceptional experience for all our guests.

ABOUT YOUR HOSTS



Our Story : Mantra Surf Club

Discover the legacy of Mantra Surf Club and the exciting world of surfing in India. Since 2004, we've been leading the surf culture, establishing India's first surf camp on the peaceful west coast of Karnataka in Mulki, near Mangalore, Udupi, and Manipal. What began as a bold adventure into the unknown has become a hub for thrilling water sports. Whether you want surf lessons, SUP surfing, revitalizing yoga sessions, or various other activities, we're your one-stop destination for both on-water and off-water adventures.

At the heart of India's original yoga and surfing retreat, you'll find a range of experiences. From riding the waves to peaceful yoga meditations and serene backwater riverboat tours, every thrill is within your reach. Our peaceful haven offers clean, comfy rooms, high-speed Wi-Fi, delicious home-cooked vegetarian meals, and top-notch equipment for all your adventures.

What sets us apart is our team of who are motivated by pure passion and love for what they do. Their selfless commitment is driven by the motto of room and board, while any surplus from our surf endeavors supports the maintenance of the surf ashram and contributes to the noble initiatives of the Surfing Swami Foundation. Dive into the extraordinary at Mantra Surf Club, where surfing is not just a sport but a way of life.



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