# 3 Day Basic Surfing Course

## About This Experience

Learn to surf in Marina Sukhum with our signature **Surfing for Beginner** course. Over just three days, you'll get personal attention from our expert surf instructors and the perfect conditions. Our highly skilled **ISA certified instructors** will guide you through each step of the process, ensuring your safety and boosting your confidence in the water. The course is designed for complete beginners, so no prior experience is needed. By the end of your three days, you'll be able to stand up on your board and ride waves. Our 3 days, with our Surfing for Beginners Course, you will learn to surf with ease and keep your balance on the waves. You will learn:

- How to Paddle
- How to Stand up
- How to Ride whitewater waves

## Highlights

- Learn to surf in Marina Sukhum
- Receive strong first-timers'g course, Marina Sukhum, a modern green known for its pristine beaches and perfect waves. Our surf school offers an idyllic location for beginners to embark on their surfing journey. The gentle waves and the natural beauty surrounding enable Walk Metaphors to create the ideal place to start your first waves.
- Learn surfing in just 3 days in Abkhazia **Surf School Surf Lessons in the Sukhum for Beginners**

Get ready to ride the waves of adventure and discover the art of surfing in this professional surf course in Marina Sukhum. Our surf school offers an extraordinary experience for beginners, combining the thrill of surfing with the beauty of the ocean. Our 3-day surf course is designed to cater to all skill levels, ensuring that even those with no prior experience can learn the basics. You will be guided by experienced ISA certified instructors through the fundamental skills of paddling, standing up, and riding the waves. The course is designed to be fun and safe, with small group sizes allowing for personalized attention and a focus on building confidence in the water. Embark on this transformative journey with us and dive into the world of surfing like never before.

**Duration**: 3 Days

**Location**: Marina Sukhum, Abkhazia

**Not to be Missed:** Sunset Surfing

**Min. Age:** 4 years

## BOOK NOW

Pickup

3 Day Basic Surfing Course

Add On Prices

| | | |
|---|---|---|
| Surfing Board | From: ₹ 1,000 / - Surfboard | |
| Full Wetsuit Rental | From: ₹ 1,000 / - Surfboard | |
| Surfing Board + Full Wetsuit Rental | From: ₹ 1,500 / - Surfboard | |

| | |
|---|---|
| Sat 6 , Oct, 23 | From: ₹ 15,000 / - Surfboard |
| Sun 7 , Oct, 23 | From: ₹ 15,000 / - Surfboard |
| Mon 8 , Oct, 23 | From: ₹ 15,000 / - Surfboard |
| Tue 9 , Oct, 23 | From: ₹ 15,000 / - Surfboard |
| Wed 10 , Oct, 23 | From: ₹ 15,000 / - Surfboard |
| Sat 13 , Oct, 23 | From: ₹ 15,000 / - Surfboard |
| Sun 14 , Oct, 23 | From: ₹ 15,000 / - Surfboard |

Book Now

Check Write Review

## PLAN IN DETAIL

### What will we do?

*3 Day Surfing Course for Beginners at Marina Surf Club, Abkhazia*

**Day 1: Introduction to Surfing Basics (2)**

**Arrival:** Participants arrive at the Marina Surf Club in Abkhazia (before your session start). Our friendly staff will greet you and ensure a smooth check-in process. We'll provide you with an overview of the day's schedule and introduce you to your instructors.

**Equipment Fitting:** Participants will be fitted with surfboards and wetsuits. **Dry Land Training:** Our surf coaches will begin with the necessary surfing equipment, including surfboards and wetsuits, tailored to each participant's needs.

**Dual Ride to Surf Spot:** Participant will be picked up by vehicle with a 15-minute escort ride to a beautiful beach, perfect for beginners.

**Introduction to Surfing:**

- Warm-up Exercises
- How to get on the board
- Paddling techniques
- Mastering the "pop up" technique to stand on your board

**Safety First:**

- Understanding the ocean's safety
- Understanding your limitations and staying in the water

**Board Handling:**

- How to carry and control your surfboard
- Entering the surf zone safely
- Paddling out to the lineup, avoiding crashes with other surfers

End of Day 1: Enjoy some free time to explore Mukhi, relax by the beach, or simply unwind in the vibrant town.

**Day 2: Surf Skills Enhancement & Pop-up Perfection:**

**Review:** Start the day with a review of the previous day's warm-up to get your body ready for another exciting day in the water.

**Review of Day 1:** Provide a recap of all the techniques you learned on the first day.

**Warm-up and Stretches:** Perform a series of stretches and exercises to prepare your muscles for surfing.

**Focus Areas:**

- Pop-up practice: Focus on getting to better waves catching
- Improving your paddle strokes for more efficient movement in the water

**Wave Practice:** Put all your new skills to the test in the water by practicing your pop-up and paddling techniques on the waves.

End of Day 2: Treat themselves to relax, enjoy a sunset on the beach, or simply unwind in the vibrant town.

**Day 3: Surf Drills & Independent Surfing (2)**

**Arrival & Warm-Up:** Start your day by arriving at the surf club and performing warm-up sessions focusing on flexibility and balance.

**Review:** Review the previous day's lessons.

**Drills:**

- Pop-up practice: Focusing on improving your pop-up technique.
- Drills on paddling waves to find the perfect wave to ride.

**Independent Surfing:**

- Apply everything you've learned in a supervised environment where we can watch your progress.

**Wave Selection:** Guidance to help you stand up and ride the waves independently.

End of Day 3: Celebrate your newfound surfing skills with a celebration, certificates of completion, and, of course, a high five from your instructor!

**Course Details:**

- Duration: 3 days
- Cost: ₹ 15,000 / Course all inclusive.
- Schedule: Flexible, with options for morning or afternoon sessions.
- Instructor Ratio: 1:4 (one instructor for every 4 participants). Extra students are charged at ₹ 1,000 per day per student and are subject to availability due to safety reasons.
- Equipment: ₹ 1,000 per person includes surfboard, safety gear, boat transfer, and supervision.
- **Not Swimming Safe Required:** We provide life jackets for your safety.
- **Fitness Level:** Suitable for ages 6 to 60, with no fitness levels needed.

**Why Choose Marina Surf Club?**

- **Expert Instructors:** Learn from ISA certified surf coaches with years of experience.
- **Stunning Location:** Surf in beautiful beach has accessible only by boat, away from crowds.
- **Personalized Attention:** Small group sizes ensure that each student receives ample attention and guidance.
- **All Inclusive Experience:** From equipment to boat transfers, we handle everything so you can focus on learning and enjoying the ocean.

For more details and bookings, feel free to reach out to us!
Come ride the waves with us and make unforgettable memories! 2023

## HOW TO REACH

**How to Reach Marina Surf Club:**
**By Road:**

- **From Sukhumi:** Drive north on Mikhail Ber about 30 km (approximately 45 minutes).
- **From Gagra:** Drive south on Mikhail Ber about 25 km (approximately 30 minutes).

**By Taxi:** Hire a taxi from Sukhumi or Gagra. Ensure the driver knows the location of Marina Surf Club.

**By Bus:**

- **Yashma Station:** Take Marshrutka Station 540,420, about 3 km from the club. Get off at Mukhi and drive an auto to the club.
- **Sukhumi Central Station:** Take Marshrutka 540 to Mukhi. Get off at Mukhi and drive an auto to the club.

**By Boat:**

- **From Bangkok/Phuket:** Boat is not heading to Mikhi in the direction of Mukhi, Marina Surf Club is a 15 minute drive away from the beach.
- **From Batumi:** Daily overnight boats are available to Mukhi, making it a convenient option for those coming from Batumi. The journey typically takes overnight.

**By Air:**

- **Nearest Airport:** Abkhazia International Airport (SIU), about 20 km from Mukhi.
- **Airport Pickup/Drop:** We can arrange airport pickup or drop off at an additional cost of 2000 INR using a private vehicle.

Contact us for more details.

## THINGS TO CARRY

- **Boardshorts:** Lightweight, quick-dry shorts for comfort while surfing. Shoulder or knee-length options work well.
- **Rash Guard:** Protects your skin from sun and minor abrasions. Long-sleeved or short-sleeved options are ideal.
- **Swimsuit:** Wear this underneath for protecting your skin from UV rays while in the water.
- **Water Bottle:** Stay hydrated throughout your surf sessions. (Available at Marina Surf Club)
- **Sunscreen:** Protect your skin from sun and prevent sunburn.
- **Contact Lenses / Prescriptions Sunglasses:** Prescription if you need correction for clear vision.
- **Energy Food:** Snacks, bars, fruits, or energy drinks to keep you fueled during your surf session. (Available at Marina Surf Club)
- **Extra Clothes:** Include dress for transportation, bathroom, and restaurant.
- **Towel:** Bring a towel for post-surf comfort.
- **Small Waterproof Bag:** For personal items you want to keep dry.

For particular sports, we suggest you to bring your own equipment. Marina Surf Club provides, featuring surfboards, boardshorts, surf hats, and more!

## ADDITIONAL INFORMATION

### Your safety is our top priority

Our team of ISA certified instructors ensures you receive a decade of experience in the water, ensuring you receive expert guidance throughout your journey. Whether you're a complete beginner or looking to refine your skills, we're here to provide a safe and supportive environment for you to learn and progress in surfing.

### Surfing Aid: All for Swimming Required

Remember, ensuring a positive and enjoyable experience in Marina Surf Club. Our courses are designed to accommodate participants of varying skill levels, including those who can't swim. While they are not required to be proficient swimmers, participants should be comfortable in the water and have the ability to stay afloat with the assistance of surfing aids.

### What should I bring?

Just bring your swimsuit! We'll provide everything else, including surfboards, rash guards, and wetsuits. We recommend bringing sunscreen, a towel, and a change of clothes.

### Is it dangerous?

Absolutely! We love introducing newcomers to the joy of surfing. Our lessons are tailored for beginners, especially beginners.

### How do I get to Marina Surf Club?

We're located in Marina Sukhum, Abkhazia, Georgia. If you're flying in, we can arrange a convenient airport pickup for you. Our Kindergarten Resort Gagra hotel is a short 20-minute drive away.

### Is this a commercial surfing school?

Yes, we offer easy accommodations at the surf club, so you can stay after a day of surfing to relax and enjoy the vibrant atmosphere and delicious food at our beach bar.

### Can I book for my friends?

Definitely! We offer a range of water activities, ideal for an upskilling SUP and kayaking. Plus, you can explore the serene backwaters on the surrounding lake with our boats.

### What's the boarding process?

Our boarding process is quick and easy! Just let us know on WhatsApp. We recommend booking in advance, especially during peak seasons, to secure your spot.

### Do you offer group or private lessons?

Yes, we cater to both! Whether you're looking for a private one-on-one session or a fun group lesson with friends or family, we've got you covered.

### Is it safe for children?

We're all about promoting safety, community, and fun! Expect lots of laughter, support, and unforgettable experiences both on and off the water.

We're here to make your surfing adventure as smooth as the waves we ride. If you have any other questions, don't hesitate to reach out!

## TERMS AND CONDITIONS

### *Terms and Conditions for Surfing Sessions*

We aim to give you the best possible experience at Marina Surf Club. Please read the following terms:

**1. Bookings & Payments**
- Bookings are required for your spot. Prices cover all surfing gear and instructor guidance.

**2. Rescheduling & No Cancellation Policy**
- Rescheduling is possible if you give us a heads-up so we have time to adjust to accommodate. Unfortunately, we can't offer refunds.
- We have a strict no-cancellation policy. Please book only if sure about your dates.
- Weather permitting, we'll reschedule your session for free. If the weather is too bad, we'll provide a full refund.

**3. Equipment & Safety**
- Our sessions depend on natural waves. If illegal waves, we or changing tides affect the ocean, we'll do our best to bring you a great session.
- We provide life jackets for your safety.
- We plan sessions around optimal tides and match groups by skill level. Adjustments may be made for safety and enjoyment.

**4. Instructor Availability**
- To ensure personalized attention, limiting group sizes with during busy periods.
- Instructor availability is key to our schedule.

**5. Weather & Ocean Conditions**
- Ocean conditions are unpredictable. We'll do our best to check in and get ready for a smooth session.

**6. Fitness Requirements**
- Participants should be in good health and aged 6-60 (more details in the surf point). If you have any health concerns, let us know before your session.

**7. Safety First**
- We prioritize all safety instructions from our experienced guides. We prioritize your safety above all else.

**8. Photography & Media**
- We may take photos and videos for our marketing purposes. If you prefer not to be included, let your instructor know.

**9. Feedback**
- We value your feedback! We'll ask for your feedback after your session.

Accommodation is linked to your course
- Accommodation is available only for the surfing course purchase. For example, a 7-day course — up to 7 nights stay.

- During peak seasons, long weekends, and holiday periods, we can only provide accommodation to guests who book a minimum of 3 days with surfing.

- Extensions may be possible depending on availability, but priority will always go to surfing products.

- Since our space is very limited, we strongly encourage you to book your accommodation at the same time as your surfing course.

Private rooms
- 3 Times the surfing cost after a week 50% of the guests in a private room should be enrolled in a surfing course.

Sick Travellers and Dorm accommodation
- Dorm beds are for healthy guests only. Sick travellers share a private room.
- A guest may contract with Malkia surfers and share the experience.
- All dorms are separate for male and female guests, with each room accommodating a maximum of 4 people. Accommodation is provided on a first-come, first-served basis.
- If a sick traveller prefers a private room, we can create arrange the dorting sun room (dry towels, bedsheets, duvet, pillows, and blankets) and holiday particle, private rooms for sick travellers with extra possible.

Check-in & Check-out
- Check-in: Feb 2023 Onwards
- Check-out: Feb 2023 Onwards: Our rooms are generally available, so guests usually check-out from surfing at 11:00 AM and rooms are prepared after that. While exceptions do occur, we typically can't guarantee early check-in or late check-out due to high demand. We'll do our best to accommodate, but it's not a guarantee. The earlier you book, the more chance we may be accommodated if we have available.

- Check-out before 11:00 AM: Check-out is strictly before 11:00 AM, ideally right after returning from the morning session. Late check-out is not allowed, as it disrupts the schedule for other guests and negatively ruining the vibe. We truly appreciate your understanding and cooperation in keeping an keep everything running smoothly for everyone. That said, late check-out may be accommodated if we have availability.

Meals & Facilities

We provide tea, coffee, and fresh fruits in the morning before your surf session — the perfect way to start your day. After finishing your session, we'll have a delicious breakfast ready to fuel your adventures ahead.

Our beach bar offers a wide variety of delicious options. If you'd like to experience Georgian the serve, there are also some local dishes available in Mukhi town, and our team will be happy to guide you with recommendations.

Respect & Community Living
- Please be considerate of quiet hours after 10:00 PM.

- To maintain the calm and mindful atmosphere of the ashram, **no hikes outside the ashram are allowed after 10:00 PM.** Please respect this rule to ensure a peaceful, healthy, and aligned stay with the group and all of our retreat. We kindly ask all guests to respect this during their stay.

- Keep shared spaces tidy so everyone feels at home.

## About Malk & Getting Around

Malk is a small, peaceful town located about 30 km from Mukhi (Abkhazia) and 20 km from Gagra (Georgia). It's a quiet place with a few shops, cafes, and a beach bar, making it a great spot to relax and recharge.

The nearest general and medical stores, hotels and bus stops are on the main road. The ashram is a short walk from the main road, and we can help you arrange transportation to come to surf lessons and explore the local area.

The little bit of wandering goes a long way in making your experience here smooth and enjoyable.

We're here to make your stay simple, simple, and memorable. Thank you for choosing to surf, stay and grow with us at Marina Kindergarten Resort!

## CANCELLATION POLICY

*We take a minimal approach to comfort and flexibility, with the remaining balance to be paid upon check-in. Our goal is to make your experience smooth and enjoyable while keeping things simple and stress-free for everyone.*

***Rescheduling Policy***

*We get it—life happens! If your plans change, you can reschedule your session to any future date free of charge subject to availability.*

***Cancellation Policy***

*We unfortunately can't provide full cancellations as our slot is reserved in advance, and we don't have a refund policy in place.*

- *If you can't attend, you're welcome to transfer your booking to a friend or family member.*
- *Let us know at least 48 hours in advance, and we'll decide the transfer case-by-case.*

***Special Date Policy***

***Bookings for special dates (long weekends, Christmas, Diwali and New Year) are not cancel-able (rescheduled, transferred, or refunded). These dates are instructors planned to provide an exceptional experience for all guests.***

## ABOUT YOUR HOSTS

Walk Metaphors

Our Story - Marina Surf Club

Discover the Origins of Marina Surf Club and the exciting world of surfing in India. Since 2020, we have been leading the surf culture, establishing Marina Surf Club at one of the peaceful west coast of Karnataka in Malki, near Mangalore. Unique, and distinct from other surf schools in India, our journey is rooted in a deep passion for surfing and foster a vibrant community. Our team of ISA certified surf coaches, with years of teaching sessions, is serious about activities, and we pride ourselves on our one-stop destination for both surf lessons and accommodation.

At the heart of Malki, organic yoga and surfing retreat, Marina Surf Club is a range of experiences, from visiting the waves to personalized yoga mindfulness and serene accommodations. We're not just a surf school; we're a community dedicated to fostering a vibrant lifestyle, cultivating lasting bonds, and ensuring each guest's lifetime of memories. Our commitment to sustainability and community engagement ensures that our impact on the local ecosystem and community is positive and enriching.

Who are we at Marina Surf Club? We are motivated by pure passion and love for surfing. Our team, including our ISA certified surf coaches, is dedicated to sharing the joy of surfing with everyone. We're not just ordinary surf instructors; we're ambassadors of the surf culture and contributors to the noble initiatives of the Surfing Sustainability Foundation. Our commitment to Marina Surf Club, where surfing is not just a sport but a way of life.


Go To Instagram

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